

**One in three** Texas women will experience domestic violence in their lifetime.\*



**Over one-third of women** will experience psychological aggression by an intimate partner during their lifetime.\*\*



Domestic violence is the **leading cause of injury** to women - more than car accidents, muggings and rape combined.\*\*\*



A safe, stable, and nurturing relationship with a caring adult **can help a child overcome** the stress associated with intimate partner violence.\*\*\*\*

SOURCES

\*Texas Advocacy Project

\*\*Smith, S.G., Zhang, X., Basile, K.C., Merrick, M.T., Wang, J., Kresnow, M., Chen, J. (2018). *The National Intimate Partner and Sexual Violence Survey (NISVS): 2015 Data Brief – Updated Release*. National Center for Injury Prevention and Control, Centers for Disease Control and Prevention.

\*\*\*Federal Bureau of Investigation. (2011). *Uniform Crime Reporting Program*

\*\*\*\*Audage, N., Middlebrooks, J. (2008). *The Effects of Childhood Stress on Health Across the Lifespan*. National Center for Injury Prevention and Control, Centers for Disease Control and Prevention

## Make a Difference

At Genesis, there are so many ways to get involved and make a difference!

**Volunteer**

**Join an auxiliary group**

**Involve your organization in our cause**

**Host a donation drive**

**Donate gently-used items to our thrift store**

**LEARN MORE**

[www.genesisshelter.org/get-involved](http://www.genesisshelter.org/get-involved)  
or call 214.389.7700

SHELTER ♥ SAFETY ♥ SUPPORT



## Contact Us

### Genesis at Lucas

2023 Lucas Dr., Dallas, TX 75219  
[www.genesisshelter.org](http://www.genesisshelter.org) | 214.389.7700

### Genesis Benefit Thrift Store

3419 Knight St., Dallas, TX 75219  
[www.genesisshelter.org/benefit-store](http://www.genesisshelter.org/benefit-store) |  
214.520.6644

### Genesis at South Oak Cliff & Benefit Thrift Store

5020 S. Lancaster Rd., Dallas, TX 75216  
[www.genesisshelter.org/lancaster](http://www.genesisshelter.org/lancaster)  
Office 214.389.7777 | Thrift 214.389.7744



**TAKE A STAND AGAINST  
DOMESTIC VIOLENCE.**

FIND HELP & SUPPORT

LEARN TO RECOGNIZE  
DOMESTIC VIOLENCE

HOW TO SUPPORT  
A FRIEND

JOIN OUR CAUSE

[www.genesisshelter.org](http://www.genesisshelter.org)

## Follow Genesis on Social Media



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@GENESISWOMENSSHELTER



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GENESISWOMENSDALLAS

## ARE YOU IN NEED OF SERVICES?

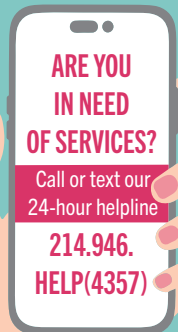
Call or text our 24-hour helpline

**214.946.HELP (4357)**



Since opening its doors in 1985, Genesis Women's Shelter has provided safety, shelter and support to thousands of women and children experiencing domestic violence. Genesis is committed to removing every roadblock a woman might face on her journey toward an abuse-free life.

All Genesis professional services are offered at no cost to our clients - no strings attached.



A safe place to gather resources and information if you are in an abusive relationship and need safety, shelter or support.

AVAILABLE WHEREVER YOU GET YOUR PODCASTS.

## Recognizing Domestic Violence

It isn't always physical.



Abuse can be verbal, emotional, financial, sexual or spiritual.

Domestic violence is a pattern of violent behavior that one person uses to exert power and control over another.

Self-defense is NOT domestic violence.

**Remember: change takes time, everyone's journey is unique and she is the expert on her own safety!**

## Warning Signs

- ! Her abuser seems to have the final say in every decision and she appears reluctant or fearful to give an answer.
- ! You realize she does not have any access to her own financial means.
- ! She appears fearful of any sort of confrontation.
- ! She tends to minimize words or behaviors in the relationship that seem inappropriate or abusive to you.

## Our Services



- 24-Hour Helpline
- Emergency Shelter
- Transitional Housing ("Annie's House")
- Residential Services
- Advocacy
- Counseling
- Legal Services
- Occupational Therapy
- School & Preschool
- Residential Childcare
- Non-Residential Childcare

All services are free, confidential and available in both English and Spanish.



## If you are in an abusive relationship . . .

**Being abused is not your fault.**

Every abusive situation is complex and you are the expert on your own safety. Listen to your instincts about what feels safe, and know that you don't have to do this alone. At Genesis we walk next to you to create a customized safety plan for you and your family's specific circumstances.

**LEARN MORE**

[www.genesisshelter.org/safety-planning](http://www.genesisshelter.org/safety-planning)