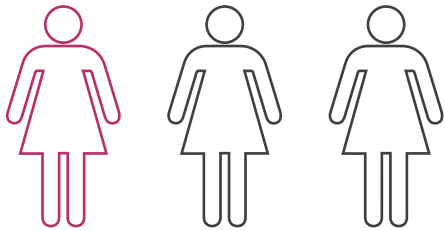
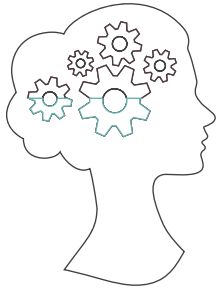


BY THE NUMBERS

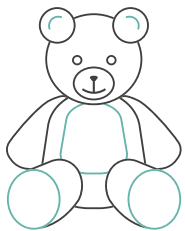
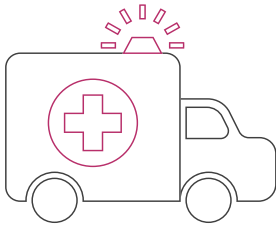


One in three Texas women will experience domestic violence in her lifetime.*



Over one-third of women will experience psychological aggression by an intimate partner during their lifetime.**

Domestic violence is the **leading cause of injury** to women—more than car accidents, muggings and rape combined.***



A safe, stable and nurturing relationship with a caring adult **can help a child overcome** the stress associated with intimate partner violence.****

SOURCES

* Texas Advocacy Project

** CDC's National Intimate Partner and Sexual Violence Survey (NISVS)

*** Uniform Crime Reports, Federal Bureau of investigation, 2011

****CDC's The Effects of Childhood Stress on Health Across the Lifespan

MAKE A DIFFERENCE

At Genesis, there are so many ways to get involved and make a difference! Whether you're interested in volunteering or joining a like-minded auxiliary group, involving your organization in our cause, hosting a donation drive or cleaning out your closet to donate gently-used items to our Genesis Benefit Thrift Store, there are a multitude of ways to become a part of ending domestic violence!

Learn more:

www.genesisshelter.org/get-involved
or call 214.389.7700

CONTACT US

All services are free and confidential and available in both English and Spanish.

**ARE YOU IN
NEED OF SHELTER?**
Call our 24-hour hotline
214.946.4357 (HELP)

Genesis Outreach Office

4411 Lemmon Avenue, Suite 201
Dallas, TX 75219
www.genesisshelter.org
214.389.7700 (for counseling or to get involved)

Genesis Benefit Thrift Store

3419 Knight Street
Dallas, TX 75219
www.genesisshelter.org/benefit-store
214.520.6644 (to donate gently-used items)



**HELPING WOMEN & CHILDREN
AFFECTED BY DOMESTIC VIOLENCE**



ABOUT GENESIS

Since opening its doors in 1985, Genesis Women's Shelter has provided safety, shelter and support to thousands of women and children experiencing domestic violence. Genesis is committed to removing every roadblock a woman might face on her journey toward an abuse-free life, with services including an emergency shelter, long-term housing, an award-winning, onsite K-8 school, daycare, access to legal representation and cutting-edge therapeutics. Genesis provides these life-changing services at no cost and with no strings attached.

OUR SERVICES

Genesis exists to provide safety, shelter and support for women who have experienced domestic violence. From our emergency shelter to our counseling services, we have geared our services to provide women with the help and guidance they need most:



24-hour hotline
Emergency shelter
Transitional housing



Group counseling
Individual counseling
On-site, K-8 school
Child play therapy



Legal services
Advocacy
Daycare
& more



“Getting her help is our core mission – from the woman just starting to question if her relationship is abusive, to the call that comes at 2:00 in the morning when a woman has run out of her house with nothing but the clothes on her back.”

- Jan Langbein, CEO

RECOGNIZING DOMESTIC VIOLENCE

Domestic violence isn't an argument every once in awhile or a fight that got out of control; it is a pattern of violent behavior that one person uses to exert power and control over another. It can happen to anyone regardless of race, age, religion, level of education, economic background or sexual orientation. Abuse isn't always physical: it can also be verbal, emotional, financial, sexual or even spiritual.



WARNING SIGNS

Although all relationships are different, there are some common red flags to look out for:

- Her abuser seems to have the final say in every decision and she appears reluctant/fearful to give a final answer.
- You realize she does not have any access to her own financial means.
- She appears fearful of any sort of confrontation.
- She tends to minimize words and/or behaviors in the relationship that seem inappropriate or abusive to you.

IF YOU ARE IN AN ABUSIVE RELATIONSHIP

Being abused is not your fault. Every abusive situation is complex and you are the expert on your own situation. Listen to your instincts about what feels safe, and know that you don't have to do this alone. At Genesis, we walk next to you to create a customized safety plan for you and your family's specific circumstances.

Learn more:

www.genesisshelter.org/safety-planning
or 214.389.7700

HOW TO HELP A FRIEND

1 Believe her.

“What is happening in your relationship is not okay.”

2 Don't blame her.

“This is not your fault.”

3 Help her begin to think about safety.

“Let's talk about how I can help.”

4 Refer her to Genesis.

“Genesis can help you. You can call their 24-hour hotline anytime at 214.946.4357 (HELP) for support.”

5 Continue to provide support.

“This must feel really scary. I'm here for you through this process, no matter what.”

Remember: change takes time, everyone's journey is unique and she is the expert on her own safety!